

# Climb Time 2– Course Syllabus

## PHED 135-002

Course Description: This activity course is designed to promote physical activity, fitness and climbing competencies through regular use of the URC Climbing Wall.

### Contact Information

Instructor: Haley Golden  
 Office – URC 111  
 Office hours: Varies  
 Phone: 509-359-4015  
 Email: hgolden1@ewu.edu

Coordinator:  
 Phone:  
 Email:

### **Grading & Evaluation**

**Total hours logged will account for 50% of the student’s grade. Graded assignments will account for 50%. 20 logged hours are required to receive full points. A 2.0 is required to pass the course.**

1. Assignments will be posted two weeks prior to the due date.
2. Assignments submitted late will receive a grade deduction penalty.
3. First-time students will not be allowed to log hours until the Climb Time Introduction on Canvas is completed.
4. All students must sign and complete a Par-Q form to begin logging hours. Students will not be enrolled in the class at the kiosk until documents have been completed.
5. Incomplete grades are not given for PHED 135 for any reason.
6. If student is enrolled in both PHED 135 and any other academic climbing course, hours logged for other classes may not be counted for Climb Time hours.
7. Climb Time students may count Wall hours that are logged during non-academic training such as belay certification class or lead climbing class.
8. Cumulative hours will be updated periodically throughout the quarter.

### **Logged Hours**

In order to receive credit for logging hours the following criteria must be met:

- The climbing session must last a minimum of 30 minutes.
- Students are allowed a maximum of 2 hours per day.
- Students are allowed a maximum of 6 hours per week. A “week” begins on Monday and ends on Sunday.
- It is the student’s responsibility to track visit time and ensure log in/outs are successful.

### **Grading Scale**

%	GPA
99-100	4.0
97-98	3.9
95-96	3.8
93-94	3.7
91-92	3.6
89-90	3.5
87-88	3.4
85-86	3.3
83-84	3.2
81-82	3.1
80	3.0
79	2.9
78	2.8
77	2.7
76	2.6
75	2.5
74	2.4
73	2.3
72	2.2
71	2.1
70	2.0

### **Course Requirements**

All Climb Time students must check in and check out at the kiosk.  
 All students must also fill out and sign a ParQ.

#### **Logging Hours**

- Students must have a Climbing Wall staff check them “in” and “out” at the kiosk.
- New students
- Climb Time 2 Introduction and Syllabus can be found in Canvas under Files.

### **Due Dates**

#### **Week 1**

Syllabus, and ParQ due – Students will be enrolled at the kiosk within 24 hours after completing and submitting all paperwork.

#### **Assignment 1**

Due-

#### **Assignment 2**

Due-

**STUDENT ID CARDS:**

All students must bring their current Eagle Card with them to access the URC Climbing Wall. Failure to bring this card will result in no access to URC Climbing Wall and loss of workout time.

**\*\* All students are responsible for checking Canvas for updates. \*\***

**Cheating Policy**

If a student is caught cheating in the course (i.e. scanning in the computer and leaving the facility, scanning in and not climbing, or using another individual's Eagle card) the following will occur: First occurrence is a 1.0 grade deduction. Second occurrence is a 0.0 grade in the course. Cheating in this course will not be tolerated and policies will be enforced by all climbing wall staff.

**INJURY/ILLNESS:**

Students who become injured or ill during the quarter need to inform the instructor immediately (359-4015). Medical documentation from a physician must be presented if seeking excused absence. This documentation must state the injury/ illness, the exercise limitations, and the expected length of time until full participation will be allowed (a maximum of 3 weeks of inactivity will be accepted upon physician's approval).

**INSURANCE:**

Eastern Washington University and the Department of Physical Education, Health and Recreation does not carry insurance covering students for health, accident or injury should it occur within a class or activity setting. Students are fully responsible for any costs incurred as a result of illness and/or injury in the Physical Education, Health and Recreation program at EWU. The responsibility for obtaining insurance rests with the student, parent or guardian.

**SPECIAL NEEDS:**

Persons with special needs may obtain personalized instruction upon request. Contact instructor: 359-4015.