

Climb Time – Course Syllabus

PHED 125-027

Course Description: Activity course designed to promote physical activity, fitness and climbing competencies through regular use of the EWU Climbing Wall.

Contact Information

Instructor: Haley Golden
Office – URC 111
Office hours: Varies
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Grading & Evaluation

<u>Attendance</u>	<u>Grade</u>	<u>Attendance</u>	<u>Grade</u>
20 hours	A	10 hours	C
15 hours	B	1 – 10 hours	D/F

1. **First-time students will not be allowed to log hours until they visit the URC Climbing Wall to set up a profile. Par Q forms are due the first week of class.**
2. **Incomplete grades are not given for PHED 125-21 for any reason.**
3. **If a student is enrolled in both PHED 125 and any other academic climbing course, hours logged for other classes may not be counted for Climb Time hours.**
4. **Climb Time students may count Wall hours that are logged during non-academic training such as belay certification class and climbing club.**

LOGGED HOURS CRITERIA:

In order to receive credit for logging hours the following criteria must be met:

- The climbing session must last a minimum of 30 minutes
- Students are allowed a maximum of 2 hours per day.
- Students are allowed a maximum of 6 hours per week.
- It is the student's responsibility to track visit time and ensure log in/out are successful.

COURSE REQUIREMENTS:

All Climb Time Students must check in and check out at the kiosk!!

1. **Logged Hours** – Students log-in and log-out at kiosk to record session hours. It is the students' responsibility to ensure the login is counted as PHED class time. This must be communicated to the staff creating the log in. The student is also responsible for the log out. This must be communicated to the staff member conducting the log out.
2. **New students – Introduction** Course syllabus can be found on Canvas. New students must go through the Climb Time program Introduction, prior to the first climbing session.

STUDENT ID CARDS:

All students must bring their current Eagle Card with them to access the EWU Climbing Wall. Failure to bring this card will result in no access to EWU Climbing Wall and loss of workout time.

All students are responsible for checking Canvas for updates

Due Dates

Week 1 and 2 Introductions

Students will be enrolled at the kiosk within 24 hours after completing all required paperwork. Par Q form is due!

Last day to log hours

Cheating Policy

If a student is caught cheating, they will receive a failing grade or be removed from the course. Cheating in this course will not be tolerated and policies will be enforced by all climbing wall staff.

INJURY/ILLNESS:

Students who become injured or ill during the quarter need to inform the instructor immediately (359-4015). Medical documentation from a physician must be presented if seeking excused absence. This documentation must state the injury/ illness, the exercise limitations, and the expected length of time until full participation will be allowed (a maximum of 3 weeks of inactivity will be accepted upon physician's approval).

INSURANCE:

Eastern Washington University and the Department of Physical Education, Health and Recreation does not carry insurance covering students for health, accident or injury should it occur within a class or activity setting. Students are fully responsible for any costs incurred as a result of illness and/or injury in the Physical Education, Health and Recreation program at EWU. The responsibility for obtaining insurance rests with the student, parent or guardian.

SPECIAL NEEDS:

Persons with special needs may obtain personalized instruction upon request. Contact instructor: 359-4015.
