



# Race & Equity Initiative

Race & Equity resources



Anti-Racism resources

[Home](#) > [Race & Equity Initiative](#) > [Race & Equity resources](#) > [Anti-Racism resources](#)

## Anti-Racism resources

We present this list for all who would like to gain a deeper understanding of historical and present-day manifestations of racism in the United States. This list of guides and resources is just a small sample of the abundance of resources available online. In the coming days and weeks, we will continue to add resources. We hope these resources will serve to both affirm and support you if you belong to a group that has been impacted by racism and a place to deepen your knowledge of the issues as you take action against racism.

### Articles:

[Vice: Self-care tips for Black people who are struggling with this very painful week](#)

[Refinery 29: Your Black colleagues may look like they're okay — chances are they're not](#)

[Mashable: How to be anti-racist](#)

[VOX: What it means to be anti-racist](#)

[The Body Is Not An Apology: 7 ways non black people of color perpetuate anti-Blackness](#)

[Psychology Today: Anti-racist action and becoming part of the solution](#)

[Centennial: Twitter explains how To support black lives matter as a non-Black person](#)

[American Public Health Association: Addressing Law Enforcement Violence as a Public Health Issue](#)

[The Atlantic: Ta-Nehisi Coates "The Case for Reparations"](#)

## **Websites:**

[Black Lives Matter](#)

[1619 by The New York Times](#)

[National Museum of African American History and Culture: Talking about race web portal](#)

<https://www.raceforward.org/>

[21 Day Equity Challenge](#)

[Guide to Allyship](#)

[The Seattle Civil Rights & Labor History Project](#)

[Coalition of Anti-Racist Whites](#)

[About Black Perspectives](#)

[www.WhiteAccomplices.org](http://www.WhiteAccomplices.org)

[Racial Equity Tools](#)

[Seattle Racial and Social Justice Initiative](#)

[Racial Equity Glossary](#)

### **Resources for parents:**

[Parenttoolkit.com: How to talk to kids about race and racism](#)

[NPR: Why all parents should talk to their children about race and social identity](#)

[Raceconscious.org: Raising race conscious children](#)

[Readbrightly.com: How to talk to kids about race and books that can help](#)

[NYT: These Books Can Help You Explain Racism and Protest to Your Kids](#)

[USA Today: Looking for books about racism? Experts suggest these must-read titles for adults and kids](#)

[NYT: An Antiracist Reading List](#)

### **Reading lists:**

[Booktastebythomo.com: Books to be anti-racist](#)

[Vogue: Black Live Matter reading list](#)

[An Essential Reading Guide For Fighting Racism](#)

[Bookshop.com: Anti-racist reading recommendations](#)

[ABC News: Eight books on race and racism to learn how to be a white ally](#)

[UW Libraries: Racial Justice Resources](#)

[Anti-racism primer for medical educators](#)

**Videos:**

[Eyes on the prize](#)

[We need to talk about injustice by Bryan Stevenson](#)

[The Urgency of Intersectionality by Kimberle Crenshaw](#)

[PBS: The Origin of RACE in America](#)

[Ibram X. Kendi on How to Be Anti-Racist at UC Berkely](#)

[Robin DiAngelo discusses White Fragility](#)

[Race Matters – Dr. Cornell West at the University of Washington](#)

[TEDxRainier – Let’s get to the root of racial injustice by Megan Ming Francis](#)

[How to tell someone they sound racist by Jay Smooth](#)

[Race Forward – Moving the race conversation forward](#)

[TED – Color Blind or Color Brave by Melody Hobson](#)

[New York Times – Peanut Butter and Jelly Racism](#)

**Podcasts:**

[Code Switch by NPR](#)

[About Race](#)

[The Diversity Gap](#)

[Intersectionality Matters! hosted by Kimberlé Crenshaw](#)

[Momentum: A Race Forward](#)

### **Books and Publications:**

Adams, M. (Ed.). (2000). *Readings for diversity and social justice*. Psychology Press.

Feagin, J. (2013). *Systemic racism: A theory of oppression*. Routledge.

Linder, C., Harris, J. C., Allen, E. L., & Hubain, B. (2015). Building inclusive pedagogy: Recommendations from a national study of students of color in higher education and student affairs graduate programs. *Equity & Excellence in Education*, 48, 178-194. doi:10.1080/10665684.2014.959270

Johnson, A. G. (2001). Power, privilege, and difference. *Mountain View, CA: Mayfield*.

Lau, M. Y., & Williams, C. D. (2010). Microaggressions research: Methodological review and recommendations. In: D. W. Sue (Ed.). *Microaggressions and marginality: Manifestation, dynamics and impact* (pp. 313–336). New York, NY: Wiley

Nadal, K. L., Wong, Y., Griffin, K. E., Davidoff, K., & Sriken, J. (2014). The adverse impact of racial microaggressions on college students' self-esteem. *Journal of College Student Development*, 55, 461-474. doi:10.1353/csd.2014.0051

Ross, L. (2016). *Blackballed: The Black and White Politics of Race on America's Campuses*. Macmillan.

Sue, D. W. (2003). *Overcoming our racism: The journey to liberation*. John Wiley & Sons.

## Black Lives Matter Syllabus 2016:

Marc Lamont Hill, *Nobody: Casualties of America's War on the Vulnerable, from Ferguson to Flint and Beyond* (Simon & Schuster, 2016)

Michelle Alexander, *The New Jim Crow: Mass Incarceration in the Age of Colorblindness* (New Press, 2012)

Angela Davis, *Are Prisons Obsolete?* (7 Stories Press, 2003)

African American Policy Forum, *Say Her Name: Resisting Police Brutality Against Black Women* (African American Policy Forum Report, 2015)

Movement for Black Lives, *A Vision for Black Lives: Policy Demands for Black Power, Freedom, and Justice* (Movement for Black Lives Policy Platform, 2016)

Assorted essays by Cornel West, Alicia Garza, Audre Lorde, Kimberle Williams Crenshaw, Shaun King, and more available at [BlackLivesMatterSyllabus.com](http://BlackLivesMatterSyllabus.com)

If you have any questions comments or additions to this list, please contact Leilani Lewis, lanil (at) uw.edu

UNIVERSITY *of* WASHINGTON

**BE BOUNDLESS**

Connect with us:



---

[Accessibility](#) / [Contact Us](#) / [Jobs](#) / [Campus Safety](#) / [My UW](#) / [Rules Docket](#) / [Privacy](#) / [Terms](#) / [Newsletter](#)

© 2022 University of Washington | Seattle, WA