



EARLY HEAD START

Helping rural parents make the most of their child's early years

EWU Early Head Start is a \$10 million, federally-funded program that promotes early learning and brain development for children under age 3. This program partners federal resources with local and regional expertise to assist underserved and impoverished communities to better prepare children for success in school. EWU has offered the Early Head Start program for over 20 years.

EWU's strategic plan seeks to ignite generational transformation, to embrace equity and social justice, to drive innovation and to transform the communities in our region. Early Head Start supports this strategic plan by operating an innovative early learning and brain development program that brings educational opportunities into family homes in Ferry, Stevens and Pend Oreille Counties of northeast Washington, three of the state's poorest and least resourced counties.



To learn more about EWU Early Head Start, connect with us:
<https://inside.ewu.edu/earlyheadstart/>

What is Early Head Start Home Visiting?

EWU Early Head Start operates a weekly home-visiting services model that provides early education, health and developmental services to pregnant women, infants and toddlers under the age of 3 all year round. EWU Parent Child Educators partner with rural parents to plan and carry-out high quality, evidence-based early learning, health and developmental experiences with their child to lay lasting foundations for success in school and in later life.

In addition to weekly home-visits, EWU offers twice-monthly parent-child socialization experiences, called Play and Learns, at state of the art early learning classrooms in Newport and Colville, Washington.



**I feel supported in my parenting because of EHS –
Katie**

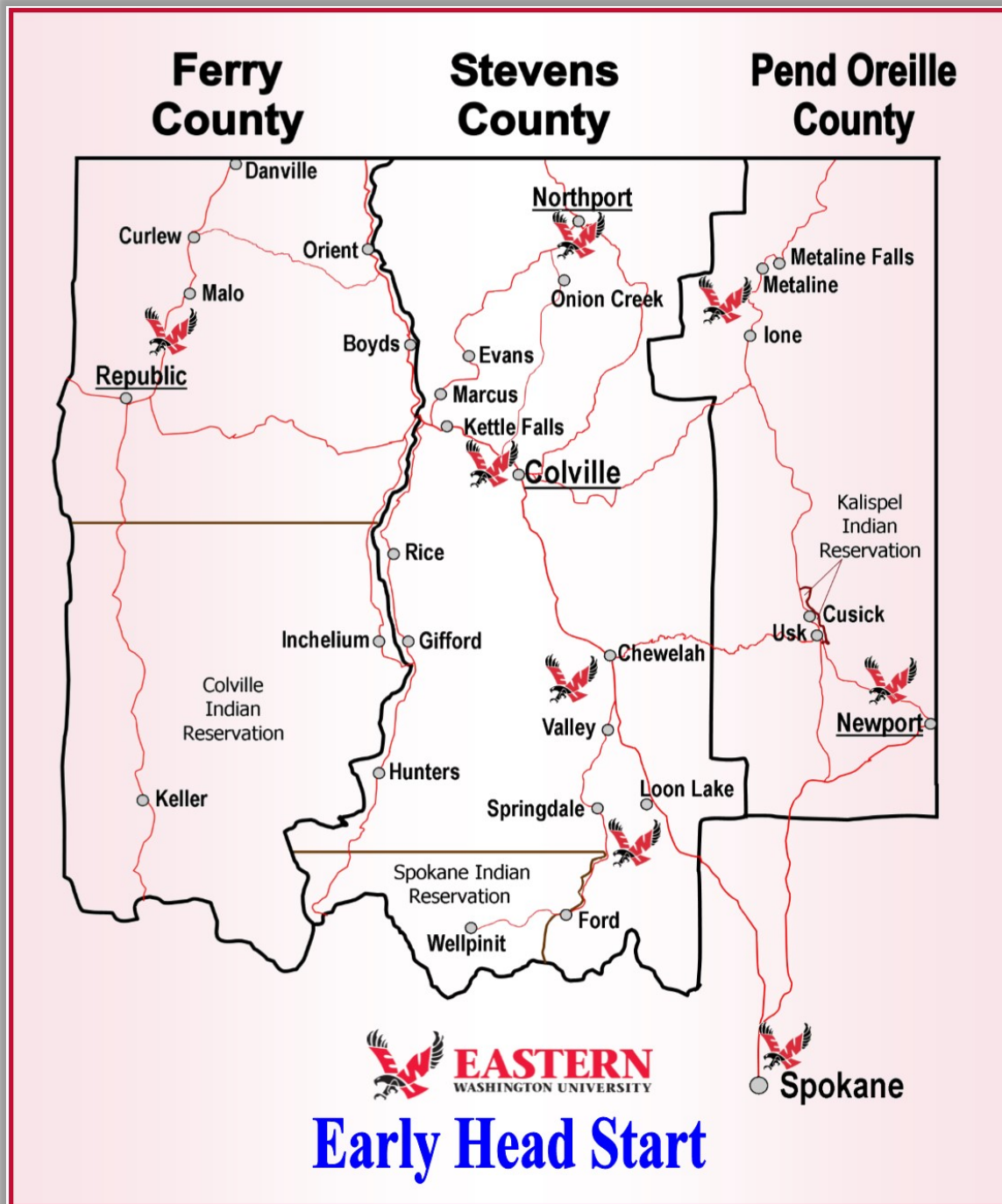
What services does EWU EHS provide?

- Health and developmental screenings
- Ongoing developmental assessments
- Hearing and vision screening
- High quality curricula and experiences
- Prenatal and postpartum mental health and nutrition consultation
- Coordination, support and integration for children with disabilities
- Resource and referral for a variety of child and family needs



Where does EHS provide services?

The EWU Early Head Start service area covers 6,000 square miles of Ferry, Stevens, and Pend Oreille counties in northeast Washington State. The area is bordered to the north by Canada and to the east by the Idaho panhandle. These counties are federally designated frontier areas and medically underserved areas. Only five towns have populations over 1,000 and none of the communities in the Tri-Counties have a population of more than 5,000 citizens.



2018 Community Assessment Highlights



Ferry, Steven and Pend Orielle Counties (The Tri-Counties)

Rural and Remote Communities
Rugged Mountains and Forests
Limited Infrastructure and Services
Abundant Natural Beauty



637

Births in 2016



Educational Attainment (2018)

89% High School Graduates
18% Bachelors Degree

Tri-County Population 2018

7,780 Ferry
13,540 Pend Orielle
45,030 Stevens

66,350 Total Population



1705

Children ages 0-2 in 2017

Unemployment Rate 2018

Ferry **11.9%**
Pend Orielle **8.2%**
Stevens **7.8%**

Washington State **4.3%**

Languages Spoken by Tri-County Citizens 2010

95.7% English
1.5% Spanish
.6% Russian

2017 Licensed Child Care and Family Child Care

Ferry **0 and 1**
Pend Orielle **1 and 1**
Stevens **4 and 7**

Median Projected Household Income (2017)

\$42,157 Ferry
\$49,720 Pend Orielle
\$53,245 Stevens

\$68,550 Washington State

Tri-County Federal Designations

Office of Rural Health Policy
Frontier and Remote (FAR) Areas
Medically Underserved Areas
Primary Health Care, Dental Care
and Mental Health Care Provider
Shortage Areas

Early Education Enrollment (3 Counties, 23 School Districts)

593 Kindergarten Enrollees
126 Head Start (Pre-K) Slots
114 ECEAP (Pre-K) Slots
116 Early Head Start (0-3) Slots

Largest Employers

Government, with increasing:
Border Patrol
Forest Service (Fire Fighting)
Education
Healthcare and Long-term Care
Manufacturing and Extraction
Tribal Businesses and Industry

Public and Tribal Lands

Kalispel Reservation
Colville Reservation
Spokane Reservation
Colville National Forest
Little Pend Orielle National
Wildlife Refuge

Race and Ethnicity of 2018 Tri-County Kindergarten Children

2.5% Other or Not Provided
6.5% Hispanic/Latino
7.0% Two or more races
9.0% Amer. Indian/Alaska Native
75.0% White

Limited Tax Base to Finance Infrastructure and Services

Small populations
Low number of private employers
Low private land ownership
(18% Ferry, 36% Pend Orielle)
Limited internet access
Limited transportation routes

Partnering with Parents to Make A Difference in their Child's Lives!

Early Head Start helps parents prepare their infant or toddler for success in school and in life by ensuring each child is making progress toward fulfilling their developmental potential by:

- Partnering with parents in assessing their child's developmental progress in 5 essential domains
- Engaging parents in planning and carrying out individualized learning experiences with their child;
- Empowering families to obtain early intervention services; and
- Equipping parents to advocate for their child's health and developmental needs.



**My husband joins us for home visits now so the whole family is involved -
Ashleigh**



**My home visitor helped me
know that my child's behavior
was normal for his age -
Colleen**

EHS Families in 2018- 2019



Children Served 2018-2019: 185

Families Served 2018-2019: 145

Pregnant Women Served 2018-2019: 17

**Parent Time Implementing Home-based
Early Head Start Learning Experiences:**

Over 30,000 hours

**Single-parent
households
served this year:
28% of families**

**Two-parent
households
served this year:
72% of families**

Percentage of EHS children that were *homeless* this year: 12% of enrolled children

Families involved with Child Protective Services this year: 21% of enrolled families

Children with a diagnosed *developmental delay or disability*: 21% of children

Children in *foster care* or placed with a legal guardian this year: 12% of children

***Dual-language families* served this year spoke English and this language in the home:**

Spanish, Russian, Chinese, Punjabi and American Sign Language

Percentage of eligible applicants served in 2018-2019: 94%

Average monthly enrollment: 116 pregnant women, infants and toddlers

Children Up-To-Date as Possible on *Well Child Exams*: 78%*

Children Up-To-Date as Possible on *Immunizations*: 61%*

***Reported figures are artificially low due incomplete data capture during a to a database system transition in March – June 2019.**

**EWU Early Head Start is Partnering with Parents and
Laying Lasting Foundations for Child Success in Kindergarten and Beyond!**

1. Completed over 4,000 home visits throughout the 6000 square mile service area
2. Traveled over 120,000 miles to provide home-based services in remote areas
3. Planned and implemented individualized data-informed home-based learning experiences
4. Coordinated and aligned services with Individualized Family Services Plans for children with disabilities (21% of EHS children)
5. Began transition to ChildPlus web-based data system to allow for real-time data
6. Utilized self-assessment data and ongoing developmental assessment data to plan new 5 year goals for the 2019-2024 grant application
7. Conducted Policy Council, staff, and board member interviews regarding WA Kids data and implications for the next 5 year program and school readiness goals
8. Selected the HELP® Strands 0 – 3 ongoing developmental assessment tool for implementation in year one of the new grant to provide more accurate and precise observational data to use for individualization of child services

Early Head Start Funding Sources for July 1, 2018 – June 30, 2019

\$1,987,973 DHHS, ACF Early Head Start Award

\$ 505,012 Non-federal share contributions

Budget Category	Approved Budget	Actual Expenditures
Personnel	\$906,369	\$871,019.71
Fringe Benefits	\$419,567	\$371,961.13
Travel	\$17,600	\$13,650.71
Equipment	\$0	\$67,048.64
Supplies	\$90,995	\$102,954.40
Contractual	\$0	\$0
Facilities/Construction	\$0	\$0
Other	\$372,717	\$370,132.81
Direct Costs	\$1,807,248	\$1,723,767.40
Indirect Costs	\$180,725	\$179,340.94
Total	\$1,987,973	\$1,976,108.34

Administrative Costs: 13.8% Non-federal share provided: \$505,012

No Audit Findings. The *State of Washington Single Audit Report for FY 18* does not include any findings or questioned costs for Eastern Washington University. www.ofm.wa.gov

Head Start Compliance. Eastern Washington University Early Head Start did not have a monitoring review in FY 18.