



Early Head Start

ANNUAL REPORT

July 1, 2016 - June 30, 2017

Transforming lives by equipping parents and pregnant women to help their infants and toddlers be ready for Success in School



Eastern Washington University Early Head Start's home visit program brings high quality early education, health and developmental services to families in Ferry, Stevens and Pend Oreille Counties

IT'S FREE

Services are NO COST to eligible pregnant women, infants and toddlers.

For more information call 1 800-776-9136 or (509) 359-3152

What is Early Head Start Home Visiting?

Eastern Washington University's Early Head Start home visiting program is a high quality school readiness program that provides weekly home visits and socialization opportunities to eligible pregnant women, infants and toddlers, ages birth-to-three, who live in Ferry, Stevens and Pend Oreille counties (locally called the *Tri-Counties*).

Children and families live in small towns and in sparsely populated frontier areas that are under-resourced and underserved. Families travel 30 minutes to 2 ½ hours for groceries, health, developmental and social services. Often services for infants and toddlers are simply non-existent in the Tri-Counties, regardless of family income.

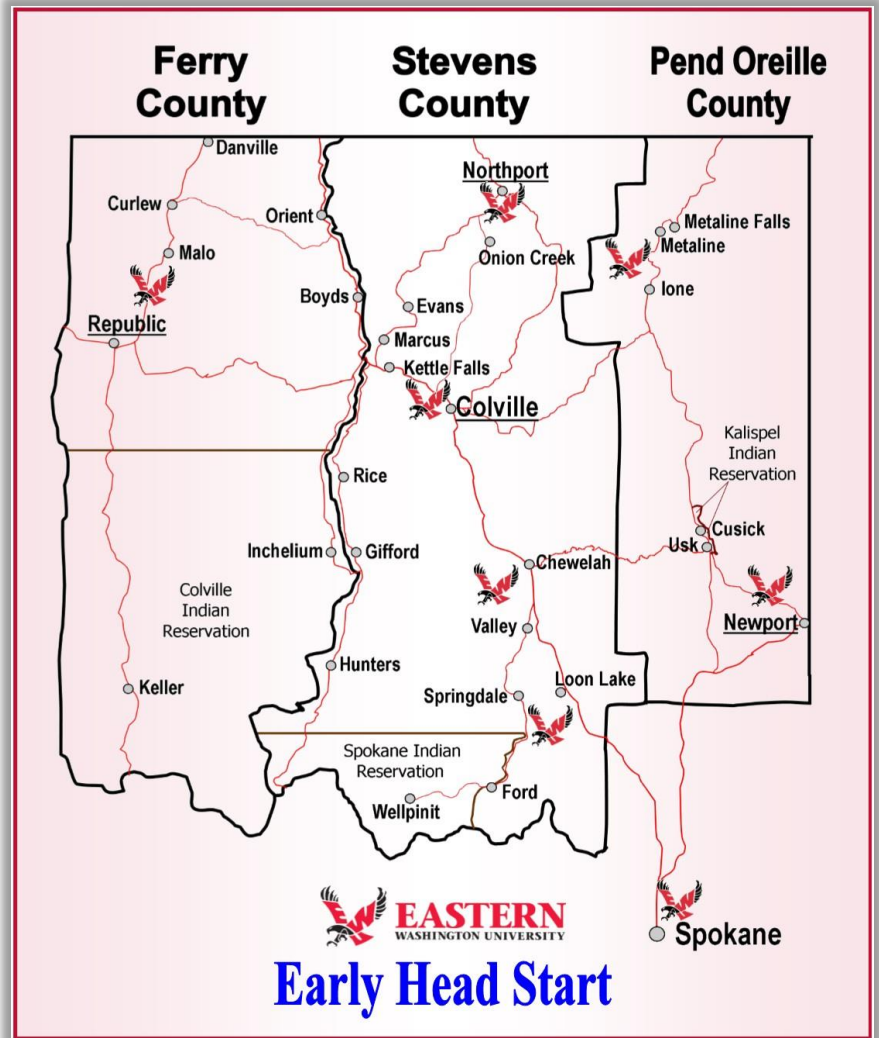


To reach the children and families in this remote service area, EWU Early Head Start operates a home visiting model that brings weekly early education, health and developmental services to each family's home. Home visitors, called Parent-Child Educators, live and work in the communities they serve and are supported by a team of well-qualified, experienced program managers and consultants who have expertise in:

- ❖ Early childhood education, development and disabilities
- ❖ Prenatal and postpartum health
- ❖ Infant and toddler health, oral health and infant mental health
- ❖ Nutrition and feeding, and
- ❖ Social and family services.

Where does EHS provide services?

The EWU Early Head Start service area covers 6,000 square miles of Ferry, Stevens, and Pend Oreille counties in northeast Washington State, bordered to the north by Canada and to the east by the Idaho panhandle. These counties are federally designated frontier areas and medically underserved areas. Only five towns have populations over 1,000 and no communities in the Tri-Counties has a population of more than 5,000 citizens.



Parent Child Educators provide home visiting services in and around:

Republic-Curlew
Kettle Falls-Marcus-Evans-Rice
Chewelah-Valley-Springdale
Newport-Usk-Cusick

Northport-Onion Creek
Colville-Addy-Arden
Nine Mile Falls
Lone-Metaline-Metaline Falls

Eastern Washington University has provided infant and toddler home visiting services in the Tri-Counties since 1992.

Early Head Start Children are Ready for School

This innovative and highly successful school readiness program, funded through a five-year, \$9.4 million federal grant from the Office of Head Start, *engages and equips parents as they help their children be healthy, well and ready for Success in School.*

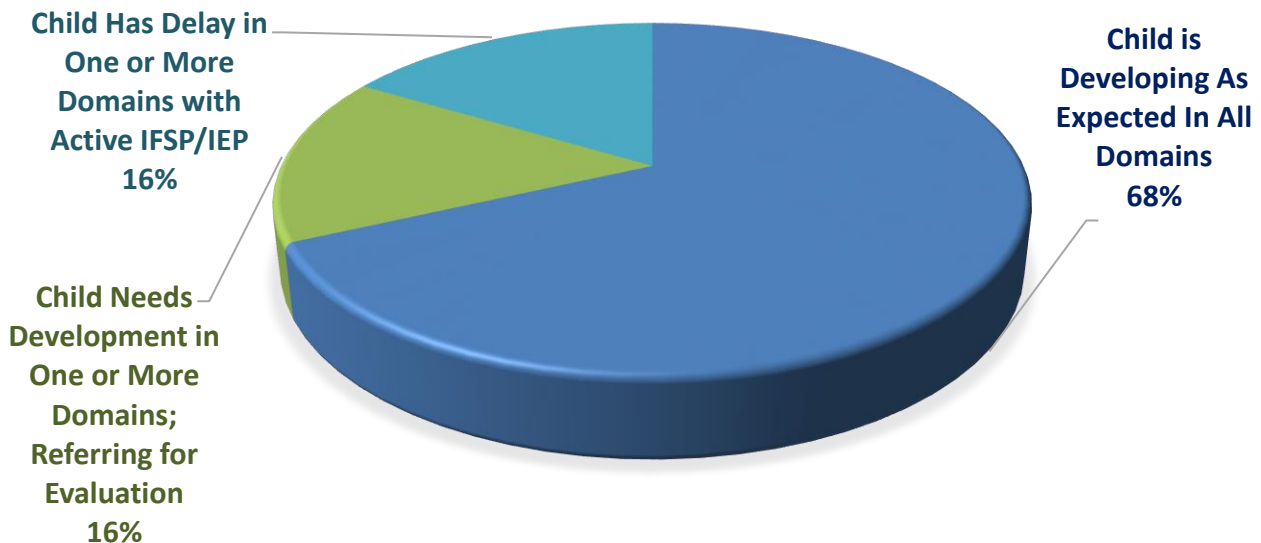
EWU EHS is accomplishing its overall school readiness goal of assuring that each enrolled child is either:

- Developing as expected in all 5 essential domains for their age (adjusted for prematurity); or
- Receiving additional developmental evaluations and services (i.e. inclusive and individualized curriculum and experiences) for each domain in which the child needs development.



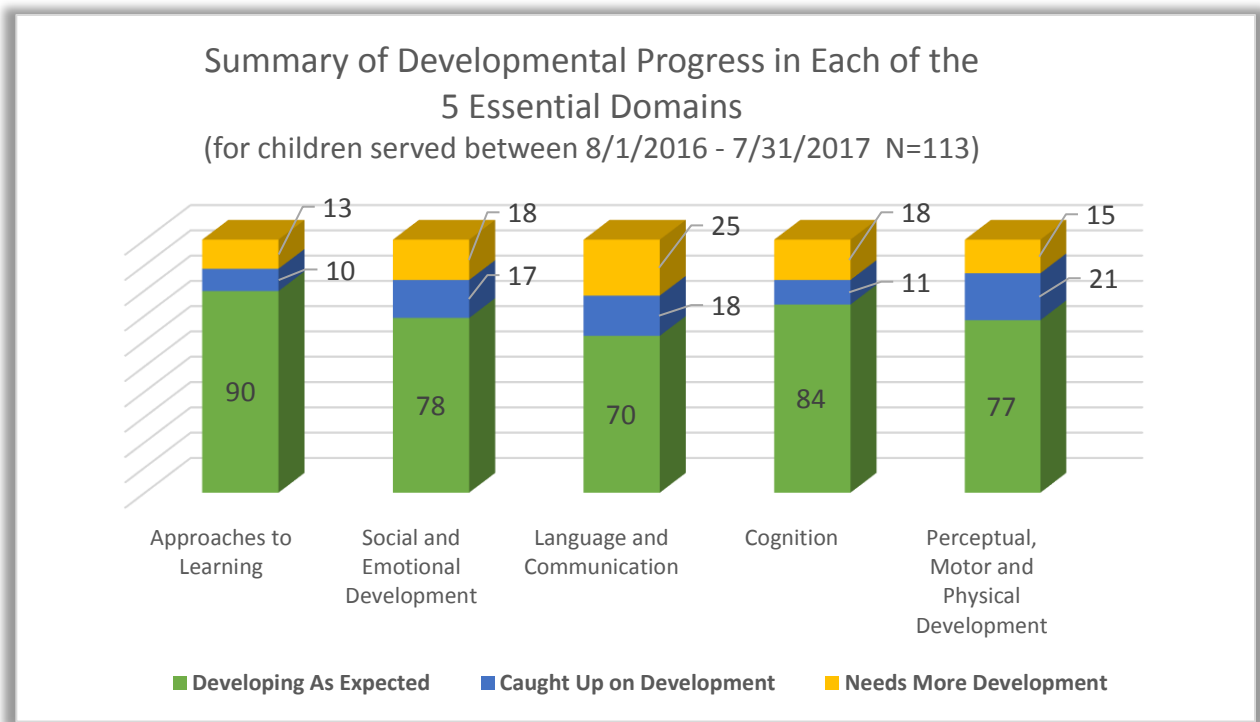
I feel supported in my parenting because of EHS – Katie

CHILDREN ARE ON TRACK FOR SUCCESS IN SCHOOL OVERALL DEVELOPMENT - ALL 5 DOMAINS (FOR CHILDREN SERVED 8/1/2016 - 7/31/2017 N=116)



Infants and Toddlers are On Track for Success in School!

- Program data show that children are on track for success in school even when they are experiencing multiple risk factors like disability, neglect, homelessness and when they live in households where the families basic needs are not met.
- Infants and toddlers are making progress and accomplishing their individual health, nutrition and developmental goals.
- Foster children and children with disabilities are being served at extremely high rates and are getting the services they need to optimize their development.



School Readiness Preventive Health Data Summary

94%

of Enrolled Children Up-To-Date as Possible on Well Child Exams

96%

of Enrolled Children Up-To-Date as Possible on Required Immunizations

144

Children Up-To-Date on age-appropriate preventive & primary oral health care

112

Children Have Continuous and Accessible Dental Care Provided by a Dentist

Partnering with Parents to Make A Difference in their Child's Lives!

Early Head Start helps parents prepare their infant or toddler for success in school and in life by ensuring each child is making progress toward fulfilling their developmental potential by:

- Partnering with parents in assessing their child's developmental progress in 5 essential domains
- Engaging parents in planning and carrying out individualized learning experiences with their child;
- Empowering families to obtain early intervention services; and
- Equipping parents to advocate for their child's health and developmental needs.



***My home visitor helped me know my child's behavior was normal for his age
– Colleen***



***EHS helped me to figure out how to get developmental services for my child when I felt stuck in the system
– Lindsey***

***My husband joins us for home visits now so the whole family is involved
– Ashleigh***

EHS Families in 2016-2017: No Two Families Are Alike



Families Served in 2016 – 2017: 136

Youngest person
parenting an EHS
child: **16 years old**

Oldest person
parenting an EHS
child: **75 years old**

Single-parent
households
served this year:
29% of families

Two-parent
households
served this year:
71% of families

Pregnant women served this year:
8% of enrolled slots

Percentage of EHS children that were *homeless* this year: 14% of enrolled children

Families involved with Child Protective Services this year: **17% of enrolled families**

Children with a diagnosed ***developmental delay or disability***: **16% of children**

Additional Children monitored or referred for a ***developmental concern***: **16%**

Children in ***foster care*** or placed with a legal guardian this year: **17% of children**

Dual-language families served this year spoke English and this language in the home:

Spanish, Russian, Punjabi and American Sign Language

Number of people determined to be eligible for EHS in 2016-2017: **199**

Percentage of eligible applicants served in 2016-2017: **87% (117)**

Average monthly enrollment: **116 pregnant women, infants and toddlers**

Living and Raising Families in the Tri-Counties



The Tri-Counties of northeast Washington are abundant in scenic beauty and natural resources.

But the abundant natural resources do not equate to abundant socio-economic resources for families.

The Tri-Counties make-up the poorest region in the State of Washington, with citizens experiencing the highest rates of unemployment and lowest per capital incomes. The area is under-resourced and under-served, suffering from inadequate and inaccessible services, geographic isolation.

Parents Embracing their Unique and Vital Roles in their Children's Lives

Without a robust medical, developmental, employment and educational infrastructure to plug into, parents in the Tri-Counties have bigger challenges than many to provide for their child's health and development and to help them be prepared for Success in School.

EHS Parents embrace their roles as their child's First and Most Influential Teacher, Primary Nurturer and Best Advocate! They work together in parent-child socializations and the EWU Early Head Start Policy Council to create the change they want for their children!

Socializations helped my child and me make friends. I wish we still had them now that my child has graduated from EHS
– Rachel



Eastern Washington Early Head Start By the Numbers 2016-2017



3,800

home visits provided



136

Families and pregnant
women served



178

Infants and toddlers served



137,403

Miles driven to provide
EHS services



43,416

Documented volunteer hours
by EHS Parents

EHS Children

Developing As Expected:

- 84%** Social and Emotional
- 78%** Language-Communication
- 84%** Cognition
- 87%** Physical and Motor Development
- 88%** Approaches to learning



15

Locally-based EWU
Early Head Start employees



100%

Pregnant EHS Women
Receiving Prenatal Care



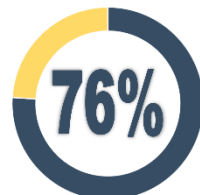
16%

EHS enrolled children
with an IFSP or IEP

4

**EWU Early Head Start
Facilities**

*Colville
Valley
Newport A and B*



EHS enrolled families
accessed services through
community providers

Progress on Health, Infant Mental Health, Nutrition and Oral Health Concerns

- 25%** Concern Resolved
- 11%** Substantial Progress
- 62%** Stable
- 3%** No identified Progress

How is Early Head Start Funded?

EWU Early Head Start received funding from the following sources in fiscal year 2016 (July 1, 2016 – June 30, 2017):

Early Head Start, Office of Head Start, ACF/DHHS Award	\$1,920,022
Non-federal share required, 20% total funding	<u>480,006</u>
Total	\$2,400,028

Budget Category	Approved Budget	Actual Expenditures
Personnel	\$921,784	\$896,939.33
Fringe Benefits	\$384,320	\$365,843.21
Travel	\$19,300	\$19,566.33
Equipment	\$0	0
Supplies	\$92,993	\$72,159.09
Contractual	\$0	\$0
Facilities/Construction	\$0	0
Other	\$324,738	\$368,988.11
Direct Costs	\$1,745,475	\$1,723,496.07
Indirect Costs	\$174,547	\$172,349.61
Total	\$1,920,022	\$1,895,845.68

Administrative costs: 13.1% Non-federal share provided: \$480,006

Federal OHS Review and State Audit Findings - None

Eastern Washington University did not have any findings or questioned costs in the *State of Washington Single Audit Report for FY 16*. [Washington Office of Management and Budget, www.ofm.wa.gov]

Eastern Washington University did not have any findings resulting from the Fiscal/ERSEA review event (June 2016) or the Environmental Health and Safety review event (April 2016) as conducted by the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Head Start.

Data-informed Quality Improvements to Support School Readiness

Quality improvements EWU Early Head Start has made in response to aggregated school readiness data:

1. Implemented new parent-child literacy program including Book-A-Month infant-toddler curriculum
2. Implemented Parents As Teachers *Interactions Across Abilities* disabilities curriculum to enrich the developmental experiences of children with delays
3. Implemented an enhanced transition curriculum to better fill-the-gap that many families experience between the end of Early Head Start and the beginning of kindergarten.
4. Created Well Child Birthday Packets that include books and toothbrushes at ages 1, 2 and 3 and information to help parents make the most of their children's Well Child medical exams.
5. Increased home visitor's family engagement skills
6. Expanded home visitor's child development knowledge
7. Increased home visitor's access to managers with child development and disabilities expertise
8. Implemented Practice-Based Coaching. Each home visitor has an individual coach and receives intensive coaching designed to address their specific needs.
9. Improved quality and effectiveness of home visits as evidenced by improved Home Visit Observation Rating Scale (HVORS) scores.
10. Implemented EWU EHS career ladders to promote staff retention.



Eastern Washington University: Transforming the Region – One Student at a Time



Eastern Washington University has educated citizens of the Tri-Counties for over 125 years!

Whether helping the youngest and most vulnerable children get an Early Head Start on Success in School, educating teachers for rural one-room

school houses or partnering with Avista and McKinstry to build the Catalyst Building to better educate our newest generation of Science, Technology, Engineering and Math (STEM) students, EWU is an active partner in transforming the region it serves.



Early Head Start
Eastern Washington University

start something **big**

To learn more about
Eastern Washington University,
connect with us:

Online at: ewu.edu
By calling: (509) 359-6200

To learn more about
EWU Early Head Start,
connect with us:

Online at: access.ewu.edu/ehs
By calling: 1 (800) 776-9136