

KITTITAS COUNTY RESOURCES

CRISIS LINES AND SUPPORT GROUPS

For emergency dial 911 or 112 from cellphone

Crisis Line (Central Washington Comprehensive Mental Health)
509-925-9861 or 509-925-4168

American Red Cross / Kittitas County Chapter
312 North Pearl, Ellensburg
(509) 925-5866
(509) 925-4168

Cle Elum Police Department
(509) 674-2991

Provides 24/7 crisis response for mental health. Can answer your questions, volunteer operators provide listening, support and helpful referral information on available services, agencies, organizations and clubs within Kittitas county.

Planned Parenthood of Central WA
312 N Pine, Ellensburg
(509) 925-7113

Provides a variety of services including but not limited to: Birth Control Services, emergency contraception, general health care, HIV testing, HPV & Hepatitis Vaccines, women's health services, men's health services, abortion services, patient education.

Planned Parenthood Yakima Express Center
1002 N 16th Ave, Yakima 98902
(509) 454-4338

Planned Parenthood Yakima Health Center
1117 Tieton Drive, Yakima 98902
866-904-7721

Planned Parenthood
Cle Elum Express Health Center
415 E 1st, Cle Elum
(509) 952-2451

National Crisis Hotline
1-800-799-7233

Provides crisis intervention, safety planning, information requests, and referral service for victims of domestic violence and their families within the United States, Canada, and Mexico.

Hopesource (emergency shelter) - Cle Elum
509-674-2375

Hopesource (emergency shelter) - Ellensburg
509-925-1448

Community Psychological Services Center
509-963-2501

Domestic Abuse and Child Abuse

Child Protective Services/DSHS (CPS)
100 E. Jackson Ave, Suite 301 - Ellensburg
(509) 925-0440
1-800-452-5367 (Toll Free)
www.dshs.com

DSHS (Adult Abuse/Child Abuse)
1-866-363-4276 or
1-800-847-2439 (Toll Free)
<http://www1.dshs.wa.gov/geninfo/contact3.html>
Call in case of child or adult abuse.

ASPEN (Abuse Support and Prevention Education Now)
(509) 925-9384
Provides services for domestic violence and sexual assault victims – provides shelter/housing if needed in a crisis, legal advocacy, and general advocacy.

Child Abuse and Neglect Hotline, DSHS/CPS Services
100 E. Jackson Ave, Suite 301, Ellensburg
1-800-452-5367 (Toll Free)
(509) 925-0440

Domestic Violence/Sexual Assault Helpline
1-800-562-6025 (Toll Free)
Crisis intervention, medical and legal information, safe over-night housing, food, childcare, and emotional support.

Domestic Violence Support Group
(509) 925-9861
Provides support for those who are victims of domestic violence. Meets once a week from 5-7 pm on Wednesday nights. They like to meet with those considering attending a meeting prior to the attendance of their first meeting.

Department of Social and Health Services (Adult Abuse/Child Abuse)
(866) 363-4276
(800) 847-2439 (Toll Free)
www.1.dshs.wa.gov/geninfo/contact3.html
Call in case of child or adult abuse.

Washington State Domestic Violence Hotline
1-800-562-6025

Cancer Support

Kittitas Valley Community Hospital Cancer Support Group

(509) 962-7379

Meetings are held the 2nd Monday in conference room A&B on the 2nd floor.

Kittitas Valley Community Hospital Reach to Recovery Breast Cancer Patient Mentor Program

(509) 925-6576

(509) 925-4969

Home and hospital visits by KVCH. Registered Nurse to offer understanding of the disease and its treatment and provide information about services. Support groups are held the 2nd Monday of every month at 6:30 in Conference Rooms A&B.

North Star Lodge

108 N 39th Ave - Yakima

(509) 574-3400

<http://www.northstarlodge.org>

Treatment, research, care for the "whole" person, education, coordination of care, emotional support, community resources.

Wellness House

210 S. 11th

(509) 575-6686 Ave #40 – Yakima

<http://www.wellnesshouseyakima.org>

Support groups, peer mentors, education, grief counseling. Free programs.

Substance abuse

Alcohol Drug Dependency Service

507 Nanum S, Room 111, Ellensburg

(509) 925-9821

(509) 674-2146

Meth Action Team @ Kittitas Community Public Health and Safety Network (MAT)

(509) 962-9775

www.kccn-dfc.co

Our mission is to identify and assess the substance prevention and safety needs concerning the counties adults, youth and families.

Youth Tobacco Prevention Program Kittitas County Public Health Department

507 Nanum Street, Ellensburg

(509) 962-7680

www.co.kittitas.wa.us/health

Works with youth on tobacco prevention

Alcoholic Anonymous (AA)

213 W. 3rd Ave, Ellensburg

(509) 925-2494

Alcohol Drug Dependency Services (ADDS)

507 N Nanum Rd. Rm. 111, Ellensburg

(509) 925-9821

1-800-925-3454 (Toll Free)

www.adds-info.org

Monday through Friday, 8:00 AM to 5:00 PM , Drug testing hours 8:30- 11:00 & 1:30 -4:00. We offer a full range of chemical dependency treatments that presents an integrated recovery program in a positive, non-punitive setting

Cascade Recovery Resource Center L.L.C.

707 N Pearl Street, Suite B, Ellensburg

(509) 933-3838

9-6 PM Monday-Friday – Cascade Recovery Resource Center is a private outpatient chemical dependency treatment agency.

Underage Drinking Prevention

(509) 962-9775

Park Creek Chemical Dependency Program (for juveniles)

509-968-3924

CASE MANAGEMENT

Aging & Long Term Care of Southeast Washington

Cle Elum

509-674-5233

Ellensburg

509-925-8765 or 1-877-401-2583

Care Net Pregnancy Center of Kittitas County

509-925-2273

DSHS Child Protective Services

509-925-0400 or 1-866-363-4276

DSHS Dept of Social & Health Services

1-877-501-2233

DSHS Division of Developmental Disabilities (DDD)

509-965-0405

DSHS Division of Vocational Rehabilitation (DVR)

509-925-0408 or 1-800-548-8755

Homeless Youth In School Liaisons

Cle Elum -Roslyn School District

509-649-4850

Damman School District
509-925-4567

Easton School District
509-656-2317 ext 117

Ellensburg School District
509-925-8010

ESD 105
509-454-3107

Kittitas School District
509-968-3115

Thorp School District
509-964-2101 or 509-964-2107

HopeSource (Homeless)
Cle Elum
509-674-2375

Ellensburg
509-925-1448

Housing Authority of Kittitas County
509-962-9006

Kittitas County Health Department (maternal & child health)
509-962-7515

Kittitas County Veterans Coalition
509-933-2932

Lifetime Advocacy Plus (Guardianship)
509-248-9810

Offenders Employment Resources
DSHS Division of Vocational Rehab
509-925-0408 or 509-962-5010 TTY

WorkSource Kittitas County
509-925-5311

Transitional Housing, Operating & Rent assistance (HopeSource)
509-925-1448

WIC – WOMEN, INFANT & CHILDREN

Childcare or Respite Care

Avail Home Nursing, Inc
1-800-637-9998

Child Care Resource and Referral (CFCS)
509-965-7107 or 1-877-965-7107

DSHS Division of Developmental Disabilities (DDD)
509-965-0405

Home Care Services
509-962-6242

National Respite Locator Service
1-800-773-5433

Child Development, Services & Programs
Birth to Three Program (ESIT, formerly ITEIP)
509-962-4200 or 1-888-343-7035

Busy Buddies Developmental Childcare Center
509-649-2273

Children with Special Health Care Needs
509-962-1414

ELKS Therapy Program (in-home OT)
1-800-825-ELKS

First Steps Program
509-962-1414

Kittitas Head Start/Early Headstart/ECEAP
509-962-4200 or 1-888-343-7035

Kittitas Valley Community Hospital Occupational Therapy
509-933-8677

Speech Pathology Associates
509-833-3264

Safe Kids
104 West 5th Ave, Ellensburg
(509) 962-9775

www.kccn-dfc.co - A program that goes year around. Educates and provides car seats for children in low income families and other donations.

CLOTHING, FURNITURE & HOUSEWARES

Care Net
111 E. 4th, Ellensburg
(509) 925-2273
Maternity and baby clothes.

Cle Elum Clothing Center
115 E. 2nd St, Cle Elum
(509) 674-5919

Open once a month. Usually the 3rd Monday from 9 to 11 a.m. or by appt.

Hope Source (Ellensburg)
601 W. 5
(509) 674-2505

Kittitas Community Clothing Bank
5th & Pierce Street
(509) 9292-0992
Tue. & Thur. 5:00-7:00 p.m.

Methodist Church Clothing Bank
210 N. Ruby, Ellensburg
(509)925-4188
Tuesday 9:00am-12:00 p.m. and Thursday 1:00-4:00 p.m.

Thorp Community Church
150 1st Street, Thorp
(509) 964-2222
Call anytime and leave a message for someone to call back and open the clothing bank.

Attic Treasures Thrift Store
509-674-1400

Community Clothing Bank
509-925-5383

Goodwill Industries
509-925-4704

St. Vincent De Paul
509-925-2167

EDUCATION

School Districts, Special Ed
Cle Elum/Roslyn School District
509-649-4850

Cle Elum/Roslyn School District Special Services
509-649-4850

Damman School District
509-962-9079

Easton School District
509-656-2317

Ellensburg Excel Alternative High School
509-963-3585

Ellensburg School District
509-925-8000

Ellensburg School District Special Services
509-925-8117

ESD 105 (Yakima)
509-575-2885

ESD 105 Special Education
509-454-3110

Kittitas School District
509-968-3115

Thorp School District
509-964-2107

Early Education, Headstart
Birth to Three Program (ESIT, formerly ITEIP)
509-962-4200 or 1-888-343-7035

Trade Schools, Colleges
Bluestone Academy
509-962-3184

Central Washington University
509-963-1111

Midstate Aviation, Inc.
509-962-7850

Operating Engineers Regional Training Program
509-962-7850

Opportunities Industrialization Center (OIC) of Washington
Ellensburg
509-962-8098 or 509-839-2717

Roslyn
509-649-2787

Information and Support for Parents
Autism Society of Washington
1-888-279-4968

Birth to Three Program (ESIT, formerly ITEIP)
509-962-4200 or 1-888-343-7035

Elmview Family Support
509-925-6688

Fetal Alcohol Syndrome Family Resource
253-531-2878

Kittitas County Public Health Department
509-962-7515

March of Dimes – Central Washington Division
509-783-1099

Youth Groups & Services

4-H Program
509-962-7505

Boy Scouts of America Grand Columbia Council
1-800-572-8603

Boy Scout Troop
489 509-925-7932

Ellensburg Youth Center
509-925-8604

Girl Scouts Eastern Washington Northern Idaho
1-800-827-9478

Kittitas Valley Memorial Swimming Pool
509-962-7211

Opportunities Industrialization Center (OIC) of Washington
Ellensburg
509-962-8098

Roslyn
509-649-2787

Safe Kids Kittitas County
509-962-9775

Young Life
509-933-3973

Youth Services of Kittitas County
509-962-2737

EMPLOYMENT

DSHS Division of Vocational Rehabilitation (DVR)
509-925-0408 or 1-800-548-8755

Elmview Vocational Services
509-925-6688

Hope University (Hopesource)
509-925-1448

Offenders Employment Resources
DSHS Division of Vocational Rehab
509-925-0408 or 509-962-5010 TTY

WorkSource Kittitas County
509-925-5311

Opportunities Industrialization Center (OIC) of Washington
Ellensburg
509-962-8098 or 509-839-2717

Roslyn
509-649-2787

People for People
509-925-5311

Vietnam Veterans of America Employment Service
509-574-0131

WorkSource Kittitas County
509-925-5311

FINANCIAL ASSISTANCE

DSHS Dept of Social & Health Services
1-877-501-2233

Hope University (Hopesource)
509-925-1448

Supplemental Security Income (SSI) (for the disabled through Social Security)
1-800-772-1213

FOOD ASSISTANCE & NUTRITION

APOYO
509-929-4112

Cle Elum Food Bank (Hopesource)
509-674-2375

F.I.S.H
509-925-5990

Food Stamps
DSHS Dept of Social & Health Services
1-877-501-2233

Senior Nutrition Program (meals & Meals-on-Wheels)
509-933-3333

WIC (Women, Infants & Children)
509-962-7077

HEALTH SERVICES

Health Insurance

DSHS Dept of Social & Health Services (Medicaid)
1-877-501-2233

Medicare (seniors, disabled)
1-800-633-4227 or TTY 1-877-486-2048

Washington Apple Health for Kids
1-877-543-7669

Washington Basic Health Plan
1-800-660-9840

Washington Prescription Drug Program
206-521-2027

Washington State Insurance Commissioner (Info about insurance)
1-800-562-6900

General

Catholic Family and Child Services
509-965-7100 or 1-800-246-2962

Children's Village (Yakima)
1-800-745-1077

Ellensburg Community Health of Central Washington
509-962-1414

Immunizations (Kittitas County Health Dept)
509-962-7515

Kittitas County Community Network
509-962-9775

Kittitas County Health Department
Cle Elum Office
509-674-5513

Ellensburg or Main Office
509-962-7515

Kittitas Valley Clinic
509-925-3151

Kittitas Valley Community Hospital
509-962-9841

Mary Bridge Children's Health Center
253-403-1400

Park Creek Chemical Dependency Program (for juveniles)
509-968-3924

Planned Parenthood
Cle Elum Express Health Center
509-952-2451

Ellensburg Health Center
509-925-7113

Shriner's Hospitals for Children
1-800-237-5055

Mental Health, Behavioral

Crisis Line (Central Washington Comprehensive Mental Health)
509-925-9861 or 509-925-4168

Central Washington Comprehensive Mental Health
Cle Elum
509-674-2340

Ellensburg
509-925-9861

Christian Counseling Center
111 W Washington Ave #2 -Yakima
(509) 454-8885

Community Counseling & Psychological Assessment Center CWU – Ellensburg
(509) 963-2501

Under the supervision of CWU Psychology department faculty, graduate students provide individual, group, & family counseling to CWU students and local community members.

Family Counseling Services Department
1409 Fruitvale Blvd -Yakima
(509) 575-5523

Dental

Oral Health Kittitas County Public Health Department

507 Nanum Street, Rm. 102, Ellensburg
(509)962-7515

www.co.kittitas.wa.us/health

Links to Dental Services for low-income, uninsured, and Medical Coupon Clients.

Home Care Services or Medical Equipment

Home Care of Kittitas Valley
509-962-7438

Home Care Services
509-962-6242

Hospice Friends (for elderly or terminally ill)
509-962-7379

Keeler's Medical Supply (Yakima)
1-800-824-9550

Providence Home Care Services
509-962-9821 or 1-800-274-2483

TLC in Home Care
509-925-5864

Volunteer Chore Services
509-929-3057

509-925-9488

Prescription Assistance

Patient Assist Program-Prescription help (PAP)
Located at the Medical Library/hospital campus
(509) 933-7565

11:00-2:00 Tue. PAP is a prescription program for uninsured and low income patients. To access the available resources, patients need to be seeing a Dr. in Kittitas County and need proof of income. Partnership for prescription assistance.

Washington Prescription Drug Program (WPDP)
1-800-913-4146

www.rx.wa.gov - This program is available to any Washington State resident regardless of age or income. To see if your neighborhood pharmacy has joined, or for help with enrolling please call the toll free number.

HOUSING

ASPEN (domestic violence)
1-866-925-9384

Central Washington Comprehensive Mental Health
Cle Elum
509-674-2340

Ellensburg
509-925-9861

Hopesource
Cle Elum
509-674-2375

Ellensburg
509-925-1448

Elmview Group Home
509-925-6688

Oxford Houses of Washington (Chapter 12)
1-877-869-7961

Anoka Oxford (Women)
360-373-8991

Celeste Court Oxford (Women)
360-443-2673

Conifer Park Oxford (Men)
360-443-6644

North Callow Oxford (Men)
360-415-8677

Oyster Bay Oxford (Men)
360-627-7228

Palm Springs Oxford (Men)
360-871-2989

Veneta Oxford (Men)
360-813-1467

Oxford Houses of Washington (Chapter 20)
1-877-869-7961

Apple Tree Cove Oxford (Men)
360-297-0737

Eagle Harbor Oxford (Men)
206-780-3491

Oxford Houses of Washington (Chapter 26)
1-877-869-7961

Akona Oxford (Women)
360-373-1993

Erlands Point Oxford (Men)
360-550-4181

Forest Drive Oxford (Women & Women with Children)
360-377-7361

Illahee Park Oxford (Men)
360-627-8118

Pinecrest 2 Oxford (Men)
360-782-1424

Wellesly Oxford (Women)
360-633-7172

Wheaton Oxford (Men)
360-373-2493

Housing Authority of Kittitas County
509-962-9006

DISABILITY INFORMATION, SUPPORT OR ADVOCACY

Center for Children with Special Needs
206-884-5735

Central Washington Disability Resources
509-962-9620

Learning Disabilities Association of Washington
1-800-536-2343

Lilac Blind Foundation
1-800-422-7893

Washington Sensory Disabilities/Vision & Hearing Services
509-963-1131

Washington State Department of Services for the Blind
509-575-2014

Autism Support Group / Parent to Parent – Ellensburg
(509) 929-7277

Meetings held at the Palace Café 1st Thursday of every month at 6:00 p.m.

Central Washington Disability Resources (CWDR)

200 E 4th – Ellensburg

(509) 962-9620

1-800-240-5978

<http://www.cwdrinfo.org/>

Central Washington Disability Resources (CWDR) is committed to assisting those with disabilities with knowledge, support, and education.

Disability Rights Washington

1-800-562-2702

www.disabilityrightswa.org

Works to pursue justice on matters related to human and legal rights. Information referral; training and publications; legal representation; system impact litigation; abuse; neglect intervention.

Divisions of Developmental Disabilities (DDD)

100 E. Jackson Ave. Suite 100, Ellensburg

(509) 925-0406

<http://www1.dshs.wa.gov/ddd/index.shtml>

Assist individuals with developmental disabilities and their families to obtain services and supports based on individual preferences, capabilities and needs.

Jane's House Child Dev. Center

1101 S. 13th Ave, Yakima

(509) 574-4762

wa.easterseals.com

Easter Seals provides exceptional services to ensure that people living with autism and other disabilities have equal opportunities to live, learn, work and play.

Epilepsy Foundation Northwest

(509) 325-1128

www.epilepsyfoundation.org

The organization works to ensure that people with seizures are able to participate in all of life's experiences, to improve how people with epilepsy are perceived, accepted and valued in society; and to promote research.

The Father's Network

www.fathersnetwork.org

Celebrates and supports fathers and families with special health care needs and developmental disabilities.

Muscular Dystrophy Association

1-800-572-1717

www.mda.org

Northwest Audiology and Hearing Aid Center

603 N Main St, Suite 2, Ellensburg

(509) 962-9575

Free screening/services if qualify for the grant.

Special Olympics

(206) 362-4949

Provides year-round sports training and athletic competition to people with disabilities.

www.sowa.org

Spirit Therapeutic Riding Center

1051 Sorenson Road, Ellensburg

(509) 929-1401

The ARC of Washington State

www.arcwa.org.

Promotes education, health, self-sufficiency, self-advocacy, inclusion, and choices of individuals with developmental disabilities.

Washington Sensory Disabilities Services

(509) 963-1131

Provides information, training, technical assistance and resources to families and educators statewide regarding individuals from birth to age 21 with sensory disabilities-students who are deaf, hard of hearing, blind, visually impaired.

LEGAL SERVICES

Kittitas Volunteer Legal Services

509-925-6434

Northwest Justice Project

CLEAR

1-888-201-1014

CLEAR*Sr (60-plus)

1-888-387-7111

SENIORS

Adult Protective Services Report Line

1-877-389-3013

Protects vulnerable adults by investigating allegations of abuse, neglect, abandonment, financial exploitation when the person lives in their own home. Some protective services may be provided without cost.

Aging and Long Term Care @ Upper County (ALTC)

116 N. Oaks #A, Cle Elum

(509) 674-5233

www.altc.washington.com

Contracts with community service providers to provide in-home care to elders and adults with disabilities, senior nutrition, legal services, caregiver support services, respite care, senior transportation, foot care, and many other services.

Alzheimer's Association of Western and Central Washington

1422 N.W. 85 Ave, Ellensburg

(509) 925-8765

www.ALTc.washington.com

ALTC tries to maximize the degree of independence and quality of service to individuals using, and agencies providing, community-based services. Our responsibility is managing, planning, coordinating, educating and advocacy.

Alzheimer's Support Groups @ Kittiatas

County Community Hospital

630 S. Chestnut St, Ellensburg

(509) 925-4628, (509) 962-9841

Alzheimer's Support Groups—Upper County

501 W. 1st

100 N Pennsylvania Ave, Cle Elum St, Cle Elum

(509) 674-7151

Alzheimer's Teleconference Support

1-(800)-848-7097

Families caring for someone with memory loss can get support from a monthly teleconference offered by the Alzheimer's Association of Washington.

Senior Housing

Big House Family Home for Seniors & Disabled Adults

751 Big House Rd, Cle Elum

(509) 674-7301

Briarwood Commons

1001 S. Chestnut St, Ellensburg

(509) 933-1888

<http://briarwoodcommons.com/>

Brookwood Apartments

606 E. Manitoba Ave, Ellensburg

(509) 925-3509

Cascade Manor Senior Apartments

101 S. Pearl St, Ellensburg

(509) 925-3061

Cle Elum Manor Apartments

(509) 674-4771

Department of Social and Health Services/ Home and Community Services
100 East Jackson Suite #100, Ellensburg
(509) 925-0415

www.dshs.wa.gov

Long Term Care Planning Services

Dry Creek Assisted Living Community
818 E Mt. View Ave, Ellensburg
(509) 925-1220

www.DryCreekALF.com

Retirement and Assisted Living Community

Ellensburg Adult Activity Center (Senior Center)
506 S. Pine St, Ellensburg
(509) 962-7242

<http://www.ci.ellensburg.wa.us/recreation/senior.cfm>

Ellensburg Fire Department Senior Assistance Program
2020 Vantage Highway, Ellensburg
(509) 933-7232

Elmview Senior Nutrition Program (Meals on Wheels) @ Ellensburg
506 S. Pine St, Ellensburg
(509) 933-3333

Elmview Nutrition Program provides meals (Mid-Day) for seniors (60+) at adult activity and Upper Kittitas County Senior Center meal site or home delivered meals to homebound seniors.

Elmview Senior Nutrition Program (Meals on Wheels) @ Cle Elum
719 E. 3rd Street, Cle Elum 98922
(509) 674-7530

Elmview Nutrition Program provides meals (Mid-Day) for seniors (60+) at adult activity and Upper Kittitas County Senior Center meal site or home delivered meals to homebound seniors.

Hearthstone Cottage
802 E Mt View Ave, Ellensburg
(509) 925-3099

Provides three areas of senior living: independent retirement, assisted living, and memory care. Offers 24 hour assistance, 3 meals daily, active social calendar, nursing services (medication, bathing, dressing).

Home Care of Washington
(509) 933-4411
1-888- 410-9162 (Toll Free)

www.hcow.net

Home Care of Washington provides a multitude of quality in home care services.

Home Care Services Senior Life Resources
1206 N Dolarway Rd. Ste 217, Ellensburg

(509) 962-6242

Our services enable you or a loved one to remain independent and safely in your home.

Hospice Friends

401 E. Mtn. View Suite 3, Ellensburg

(509) 962-7379

www.hospicefriends.net

Housing Authority of Kittitas County

(509) 962-9006

Provides service opportunities for people 55 years of age and over. Provide low income housing to elderly/disabled individuals and/or families. Application required to be placed on the waiting list.

Huntington Court Senior Apartments

206 E Manitoba Ave, Ellensburg

(509) 925-5178

Mountain View Meadows

1800 E. Mountain View Ave, Ellensburg

(509) 925-4484

www.extendicare.com

Assisted living for Independent Seniors.

Residential Care Services Complaint Line

1-800-562-6078

Complaint line for nursing homes and other forms of residential care facilities.

Retired and Senior Volunteer Program (RSVP) @ Ellensburg

707 N Pearl Ste.1, Ellensburg

(509) 962-4311

<http://www.seniorcorps.org/>

Retired and Senior Volunteer Program (RSVP) @ Cle Elum

116 Oakes Suite A, Cle Elum

(509) 674-5233

www.rsvp-w.org/ellensburg

Royal Vista Care Center

1506 Radio Road, Ellensburg

(509) 925-1404

Skilled Nursing Facility Tender Loving Care for Caregivers (TLC)

312 East 4th, Ellensburg

(509) 925-5868

In home care, private pay, state certified Alzheimer care. Support group for people who provide unpaid care to family members or other adults who are frail and/or have a disability.

Total Care, Inc.

307 S 12th Ave #18, Yakima, WA 98902

(509) 925-2299

www.tc-homecare.com

Home care specialists: Provide a variety of services such as: bathing dressing, meal preparation, personal hygiene, transportation, companionship, Alzheimers care, etc.

Volunteer Chore Services

(509) 929-3057

Volunteer Chore Services provides basic in-home assistance to low-income elders and adults with disabilities to enable them to continue to living safely, independently and with dignity in their own homes.

Medicare

1-800-633-4227 or TTY 1-877-486-2048

Northwest Justice Project – CLEAR*Sr

1-888-387-7111

Social Security

1-800-772-1213

TRANSPORTATION

HopeSource

09-933-2287

UTILITIES, TELEPHONE & CELL PHONE

Assurance Wireless (free for low income)

1-888-898-4888

AT&T Wireless Lifeline Service

1-800-377-9450

Hopesource Energy Assistance Program

509-962-0435

Safelink Wireless (free for low income)

1-800-723-3546

VETERANS SERVICES

Department of Veteran Affairs – Seattle

1-800-827-1000

www.va.gov

Take applications from veterans who have a service related illness or injury based on their honorable discharge. Take claims from veterans that served during a war time period that do not have a service related illness or injury.

Kittitas County Veterans Coalition

413 N. Main St. Suite O, Ellensburg

(509) 933-2932

Assistance for veterans of all eras, including social and domestic services to promote stability and quality of life. Services include case management, crisis intervention, financial assistance, mental health counseling, permanent housing and transitional housing.

Veterans Coalition @ Upper County Cle Elum
309 E. 1st St, Cle Elum
(509)-674-3872

Veterans' Program Manager
509-962-7036

Vietnam Veterans of America Veterans Employment Service
509-574-0131

American Legion – Washington
Post 8, Ellensburg
509-925-9488

Post 206, Roslyn
509-674-7018

Veterans of Foreign Wars
Post 683, Ellensburg
509-925-9488

Post 1373, Cle Elum
509-674-2385